

October 2024 e-bulletin

It's all happening in Stamford

Earlier this month we had a Meet & Greet for new members and over 20 of our Activity Groups were represented. Thank you to the Group Leaders who put on a great display of what Stamford u3a can offer.

New Website

Following on from Roger Green moving away from the Stamford area we have had a review of our website and decided that we will move over to the u3a's own website builder. A huge thank you to Martin Lander who has taken on this task. Please be patient with us whilst we do the move across, and the fact there may be sections of the website which are blank or less than informative.

We are having to have a new email address, so if you want to contact any of the Committee, please use this address in future u3astamford@gmail.com. If you already have the personal email address of a Committee member then please use that.

Activity Group News

U3A Book Club

If you enjoy a good book and enjoy discussing them with like-minded people, do give our group a try.



We read a wide range of books.

We are a friendly group who meet the third Wednesday of the month. The kettle goes on and the biscuits are laid out, while people get settled. We discuss the book from the previous month, thoroughly. This can be either group led or we look at questions raised by a book website. The discussion is great fun and often leads us to explore themes that have been raised within the text. A new book is issued before we close the group session. If you are interested in joining the group, please contact Sue Samuels at sues25@outlook.com

U3A Second Play Reading Group

We are a lively group that meets on fourth Wednesday of each month.

A friendly and welcoming group we enjoy reading different genres of plays. We each take on a role which we read for a while then we change our roles around. There is a lot of laughter and even some gasps of shock.



If you are interested in reading plays or would like to find out more, please contact Sue Samuels at sues25@outlok.com

Antiques, Bygones and Curiosities

Unfortunately, the October meeting was cancelled due to sickness. However, June is looking forward to seeing you at the next meeting at 10.30 on Tuesday 26th November in the small lounge Barn Hill Methodist Church. The talk is on The Christmas Present (and Past). All are welcome.

Community Corner

In this section I include information from other community and voluntary groups that may be of interest to u3a members.

The Railway Ramblers

Rachel Roffe of u3a's Railway history group has contacted me about this group 'If you like walking and railways then come and join The Railway Ramblers. It is the UK's specialist club for walking and exploring old railways, with regional groups throughout the UK.

Membership offers a quarterly magazine with upcoming walks, walks arranged to be accessible

by public transport, the group also works with heritage railways and local history groups. We are not TRAIN SPOTTERS!! '

For more information please contact 07975 676777 or email rachel@8one.eclipse.co.uk
www.railwayramblers.org.uk

Fed up with speeding cars in your street... you can make a difference!

Join us at Stamford Speedwatch. As a volunteer, you will be part of one of our teams, monitoring vehicle speeds in some of the town's hotspots, providing feedback to the Police for appropriate action. Full training will be provided.

For further details, just contact Tricia Lipton on 07766 605611, or email her on stamfordscw@gmail.com



Evergreen Care trust is looking for a special Volunteer, could you fit the role? Do you know someone who would fit the role, if so please forward this information to them.

Volunteer role:	Marketing, PR & Events Volunteer
Reports to:	Volunteer Services Manager
Commitment level:	A couple of hours a week. Flexible.
Location:	A combination of the office (Stamford) and remote
Purpose of the Voluntary role:	



Evergreen is a local charity with a great story to tell, we have over 100 amazing volunteers who help provide vital services and support to older people in our local community. The role of the Marketing, PR & Events Volunteer will be to promote Evergreen's activities, raise awareness of our services, engage effectively with the wider community and help support Events. This key role will help in promoting all Evergreen has to offer to enable the charity to reach a wider audience.

Key Responsibilities:

This is a varied volunteer role and depending on your skills and interests could include:

Producing Evergreen's newsletter (monthly or quarterly)

- Writing or coordinating articles, press releases for local media
- Producing and designing collateral materials for events
- Assist with writing copy for inclusion in local community magazines or newspapers
- Help support our key annual events e.g annual ball, Christmas fundraising events

Key relationships:

- Working closely with Volunteer Services Manager
- Working closely with Evergreen staff and volunteers
- Working with external partners of Evergreen
- Working closely with our current two volunteers who look after Evergreen's social media and website

Skills, Qualifications and experience required:

- The role could suit someone who has a passion for marketing, PR and events and wants to develop their skills in practical situations or an experienced marketer who would like to use their skills for the benefit of the community.
- Ideally you will have some experience in marketing, PR or events.
- Basic design knowledge to create images for social posts
- Experience in online graphic design tools / software packages such as Canva
- An excellent communicator, able to write clearly, accurately and concisely

Training and support required:

Mandatory Online Safeguarding training

Full on the job training will be provided on all aspects of the role

Invitation to attend relevant training courses as and when they are arranged.

Availability of parking at work location:

Parking is available at Evergreen Care Offices in Stamford. Street parking in surrounding roads is also available

Equipment:

Any necessary equipment will be provided

Expenses:

N/A

Is this role eligible for a Disclosure and Barring Service (DBS) check, which is renewable every three years? YES / NO If Yes, what level of DBS check is required for the role?

No

Stamford Civic Society

Stamford Civic Society was formed by a small group in the early 1960s to defend the town's heritage and actively fight for its preservation and improvement.

Since then, it has grown to a membership of over 200; in addition to our concerns about the town's heritage and conservation, we organise visits to local places of interest, organise talks on a variety of subjects, run projects to enhance the town, work with local schools to encourage the children to take an interest in their town, run an awards scheme and when necessary, campaign on issues affecting Stamford.

We invite you to [join us](https://www.stamfordcivicsociety.org.uk/newsletters). <https://www.stamfordcivicsociety.org.uk/newsletters>

Art Pop-Up is looking for Befrienders

We need your help!
COULD YOU BE A
BEFRIENDER
AT OUR CHEER CLUB
EVENTS?

*It's all about
connection & community,
brightening our days
& enriching our lives
while giving back &
having fun*

Are you a friendly, welcoming person who loves making new social connections?
We're looking for volunteer Befrienders to help welcome guests at our free Cheer Club social events.

UPCOMING EVENTS INCLUDE APPLE DAY SOCIAL, CAROLLING, PANTOMIME, CHRISTMAS PARTY & CRAFTS & TEA DANCE

THE CHEER CLUB PROGRAMME IS FULL OF EXCITING FREE EVENTS, ACTIVITIES, PERFORMANCES, SOCIALS & MUSIC PLUS OF COURSE LOTS OF TEA, CAKE & CHAT!

The programme has a wide variety of participants from across our community as well as guests from Whitefriars Care Home, Bluebird Care, families from Malcolm Sargent & St Augustine's primaries & adults with learning disabilities from Vision Day Support.

Art Pop-Up For info call Sam on 07771 788 098 or email community@artpopup.co.uk

Stamford History Society 7th November

Stamford in the 1730s – William Stukeley and the 1734 Election

Lecture by **John** Smith who is an eminent member of Stamford u3a and a lecturer with 40 years' experience. The lecture will be on Thursday, 7th November at 7.00 for 7.30 pm at Barn Hill Methodist Church and u3a members are welcome to attend.

The 18th century was renowned for violence at elections where bribery and corruption prevailed. But in 1734 it was the small pocket borough of Stamford where that violence was the worst the country experienced. Stamford was unique in that a local person recorded everything that occurred in the year up to the election and disputed the result. That person was William Stukeley, the antiquarian vicar of All Saints' church and he presented a copy of his findings to the Prime Minister, Robert Walpole. This lecture will follow the sequence of bribery, threats, and violence, leading to a pitched battle between the Whigs and Tories two days before the election.

Members of Stamford Local History Society £2 Visitors: £5 Payable at the door.

An invitation to an Open forum by **St Barnabas 15th November**– I think the flyer says it all

St Barnabas

**Palliative & End of Life Care
Conference
from Lincolnshire's
Hospice Leaders**

Friday 15th November 2024
9.30am - 4.30pm
At **Stamford Arts Centre**

Open to



- Clinicians from across the county and beyond
- National third sector providers
- Health professional students
- Interested members of the public & more

Featuring


- Specialist agencies and keynote speakers
- A drop-in area to engage directly with St Barnabas
- Wellbeing activities to get involved with
- Exhibition of stands from various organisations for advice and guidance

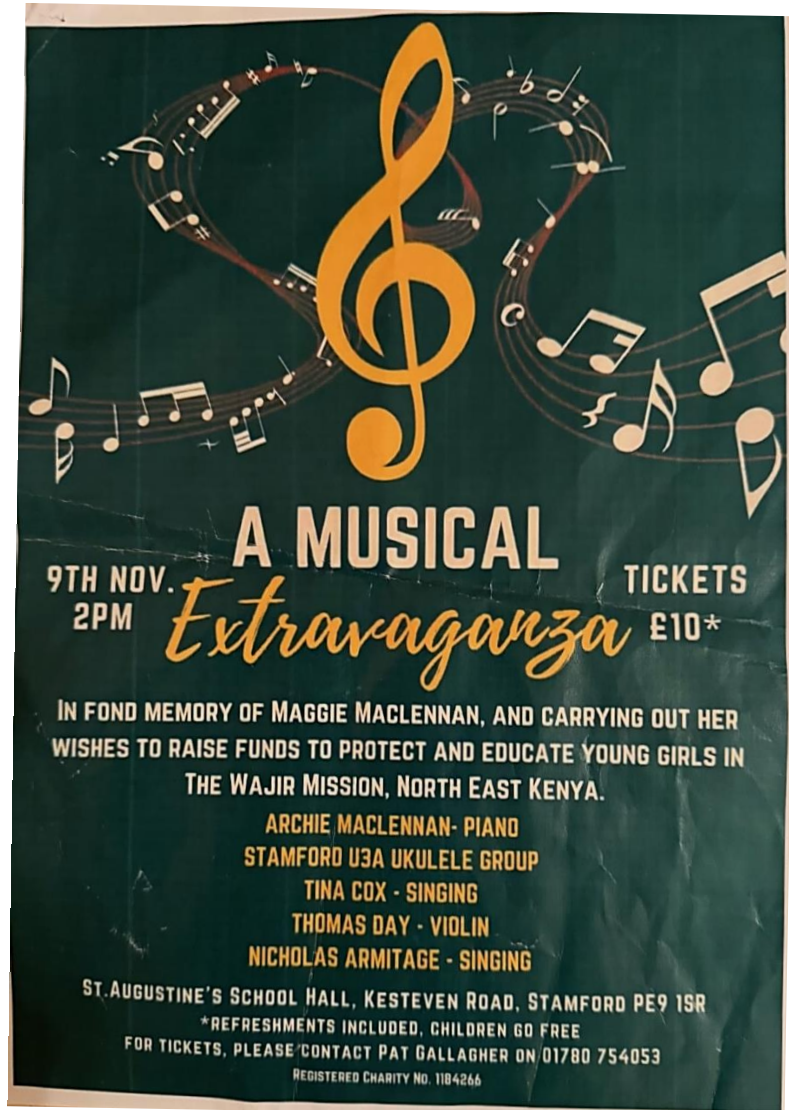
Thanks to sponsorship from Stamford Health Education & Awareness Charity, the event is **FREE** to attend with refreshments and lunch provided.

Register to come along and gain vital knowledge and education about Palliative and End of Life Care. Booking is mandatory for health professionals.

Stamford Health Education & Awareness Charity | Stamford & District Lions

[stbarnabashospice.co.uk/
events/stamfordconference](http://stbarnabashospice.co.uk/events/stamfordconference) 

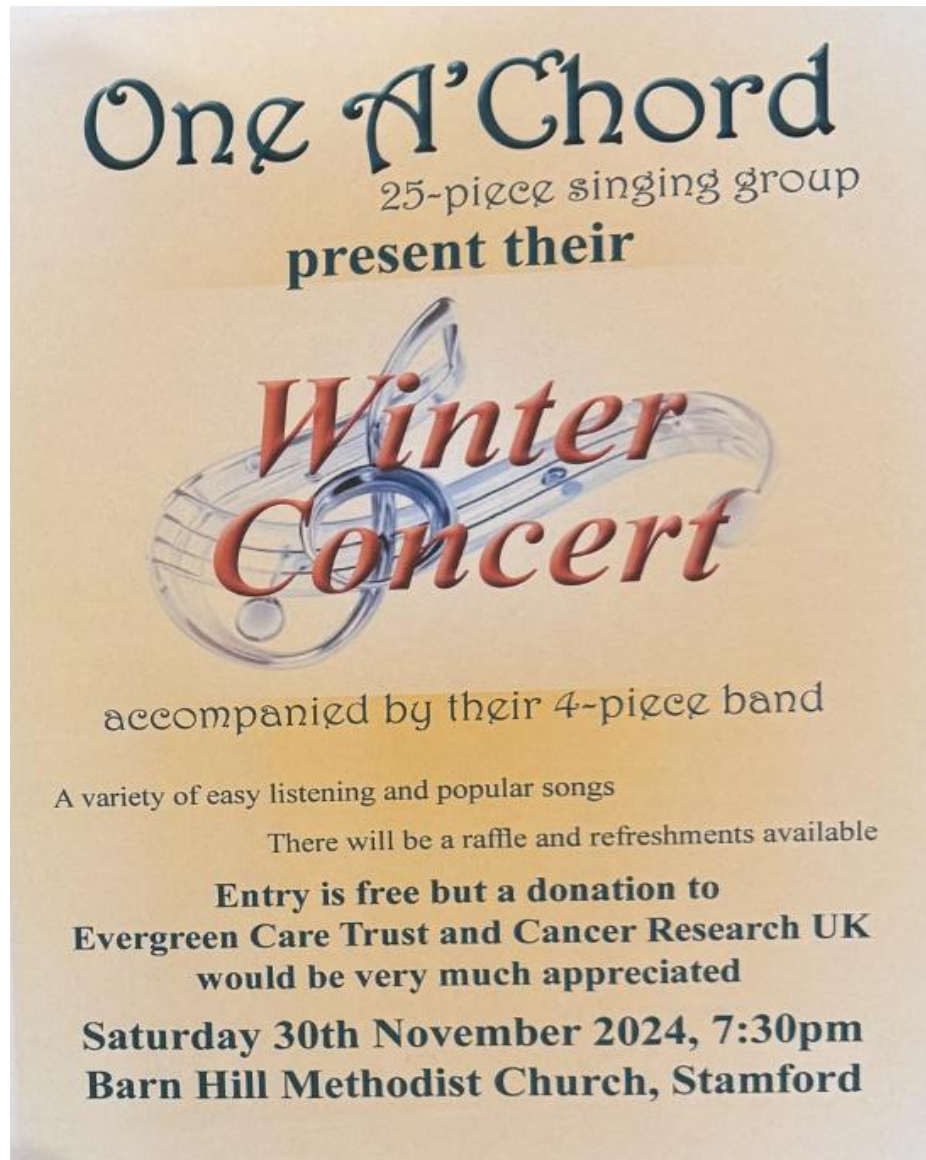


THE WORLD OF GILBERT AND SULLIVAN. Saturday 23 November

A great treat in store for G&S fans when 'The Wandering Minstrels' (www.wanderingminstrels.org.uk) visit St. Botolph's Church, Longthorpe, Peterborough on Saturday 23 November.

They will sing, act and dance their way through many of the Savoy Operas including 'The Gondoliers', 'HMS Pinafore', 'The Pirates of Penzance', 'Princess Ida', 'The Mikado', 'Utopia, Limited', 'Ruddigore', 'Iolanthe' and 'The Yeomen of the Guard'.

Tickets for the concert are £15 and can be obtained from jackie@apsleyway.co.uk or by ringing 07532 457007. Refreshments will be served in the interval. Proceeds from this event will go to Longthorpe Church. Members of the public are advised to purchase their tickets early as space in the church is limited and the concert is bound to be very popular.



One A'Chord
25-piece singing group
present their

*Winter
Concert*

accompanied by their 4-piece band

A variety of easy listening and popular songs

There will be a raffle and refreshments available

**Entry is free but a donation to
Evergreen Care Trust and Cancer Research UK
would be very much appreciated**

**Saturday 30th November 2024, 7:30pm
Barn Hill Methodist Church, Stamford**

Best wishes

Roland Higgins

Chairman, Stamford u3a

Please note new email: u3astamford@gmail.com

U3a mobile number: 07942 335069.